APP User's Manual
Model: W240

Thanks for ordering a Bluetooth activity tracker ! You can find start up instructions below.

Downloading The Isport Activity Monitor App

Search for "Isport Activity Monitor" on Google Play or App Store. Download and install the App.

Getting Started With Your Device

1. Mobile Device Requirements

For bluetooth compatibility, please check the chart below:

Compatibility		
Apple	iPhone 4S	IOS 6.0.0 or above
	iPhone 5	
	iPhone 5C	
	iPhone 5S	
	iPod	
	iPad	
Samsung	Galaxy S3	Android 4.3 or above
	Galaxy S4	
	Note II	
	Note III	

2. Paring Your Device

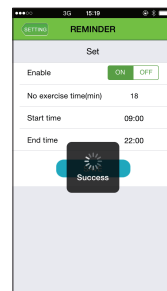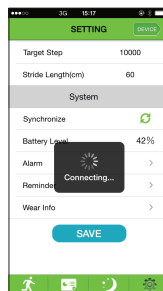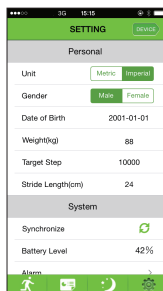Please refer to the user manual for a detailed walk-through.

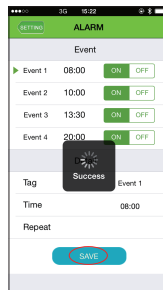**1) Turn on Bluetooth and turn on(open) the App. Enter** SETTING--DEVICE , press K1 to activate the tracker, search the activity tracker to pair.
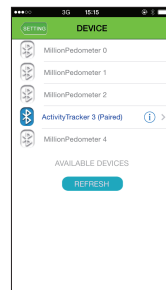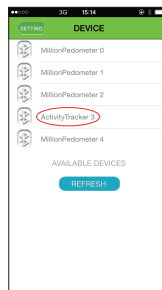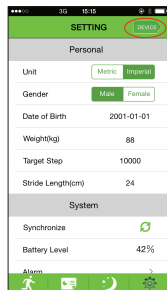
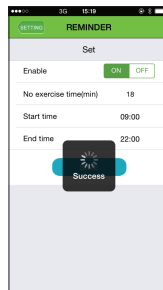**2) SETTING Opration. Set your personal info., click "Save"to sync with the Tracker.**

3) Alarm - 4 alarms can be set. When alarm time arrives, the tracker will vibrate for 30 s.
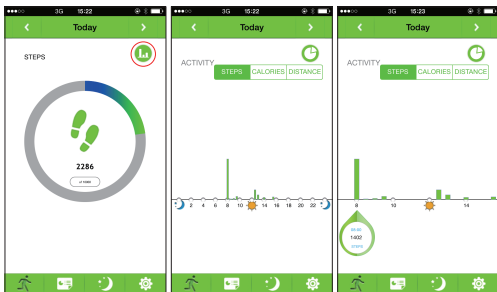
4) Reminder
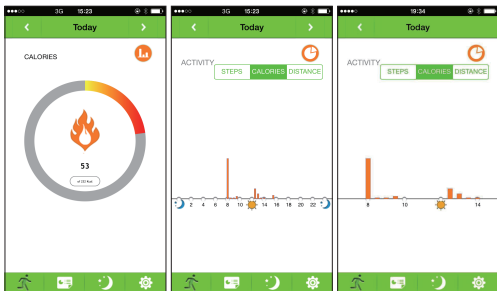For detailed instruction, please refer to the user manual.

For step 2)3)4), please ensure you have activated the tracker(Press the butoon on the tracker for 1s) before save or sync.
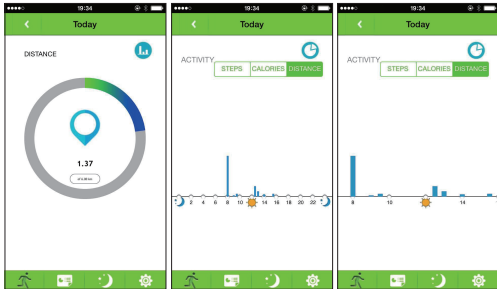
5) Data Review- Current Step
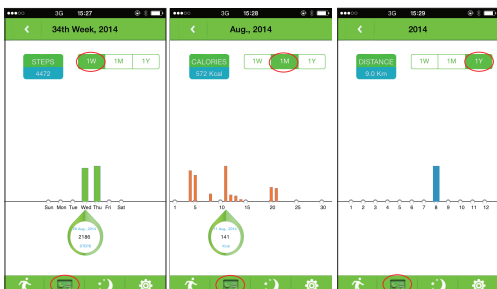
Data Review- Current Calorie

Data Review- Current Distance

6) Data Review- By Week/Month/Year
To switch among step/calorie/distance, swipe the screen up or down.

- The histogram will show exercise trend of 1W/1M/1Y.
- Screen can be enlarged or shrunk. Click histogram and the data of current selection will be displayed.
- When a tracker(tracker A) syncs with app and a new one(tracker B) syncs, if the recorded days of tracker A is longer than tracker B, excise data of same days will be covered by that of tracker B, the rest data of tracker A will be kept, vise versa.

7) Sleeping mode

- The higher the histogram is, the poorer sleep quality is, vice versa.
- Record will be distinguished by 12:00 at noon. After that, data will be recorded in another day.
- "During sleep time "of last period will be displayed by default. The display can be switched to current "During sleep time" after selection on the pie chart.